

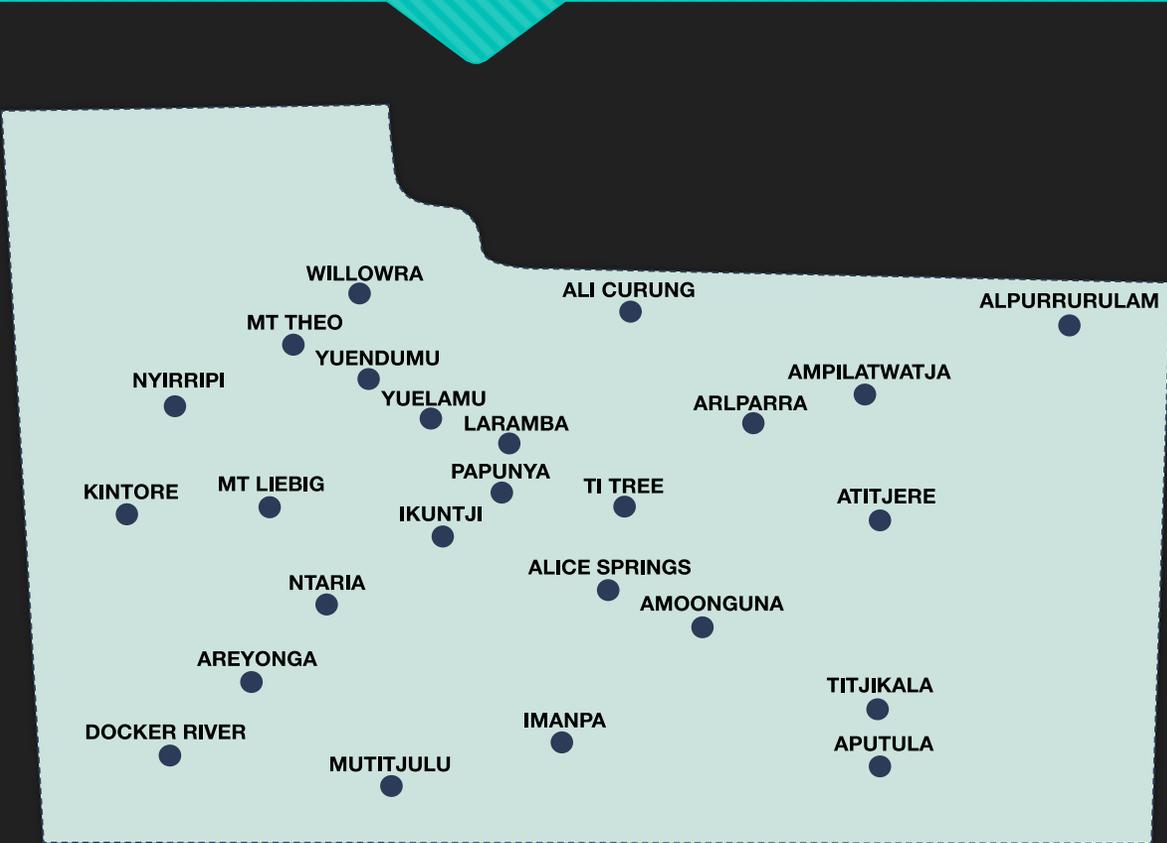


Menstrual Hygiene Management

Who is CAYLUS and what do we do?

The Central Australian Youth Link-Up Service mission is to support community initiatives that improve quality of life and address substance misuse affecting young people.

In practise



Approximately 900 kms



What is Menstrual Hygiene Management?

500 Million people who menstruate do not have access to the absorbent materials and/or WASH facilities that they need each month around the globe.

This disproportionately impacts First Nations Women and Girls.

CAYLUS AND MHM

CAYLUS recognises that barriers to engagement increase vulnerability and risk-taking behaviour.

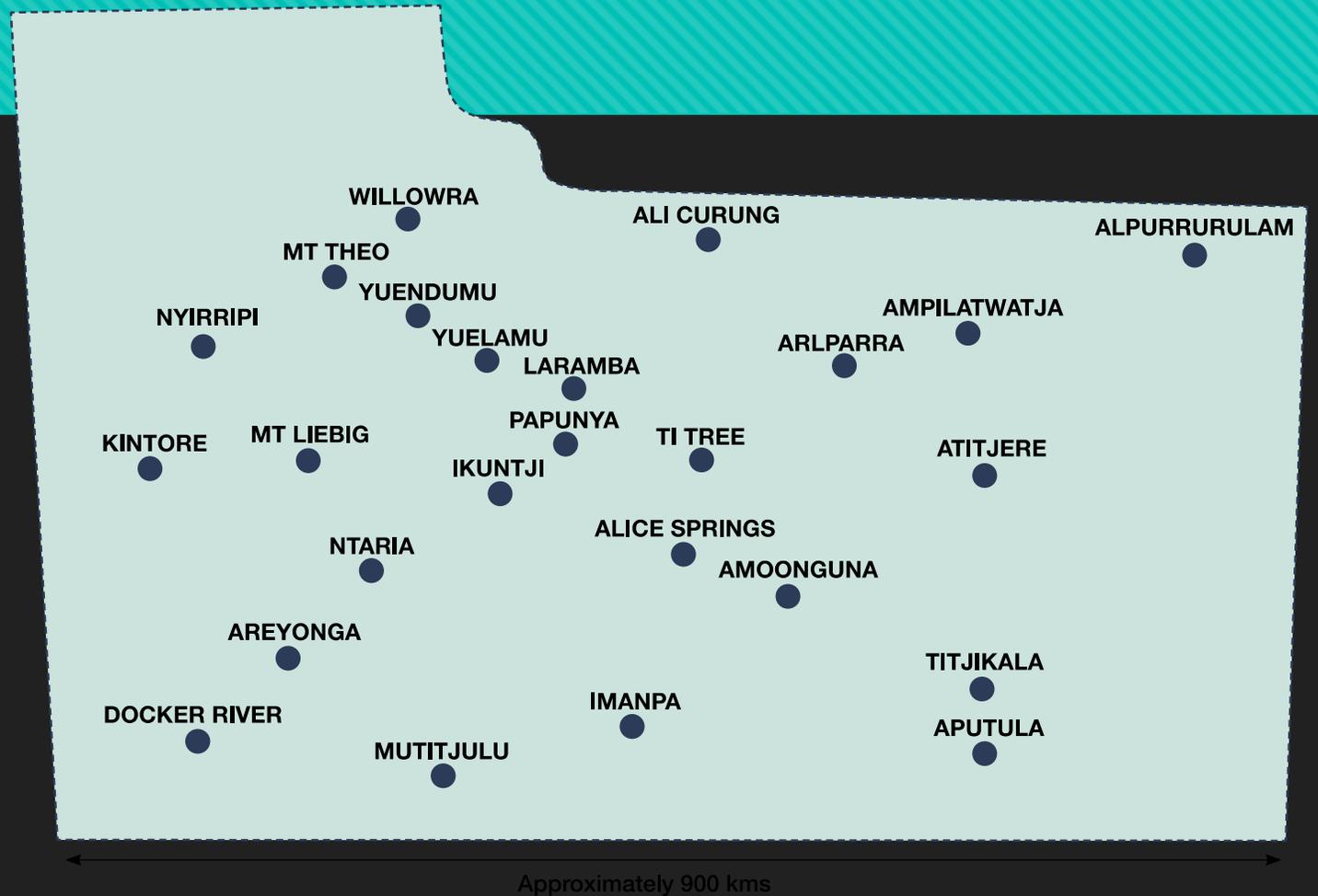
There are unique factors in Central Australia that impact access to resources and WASH facilities.

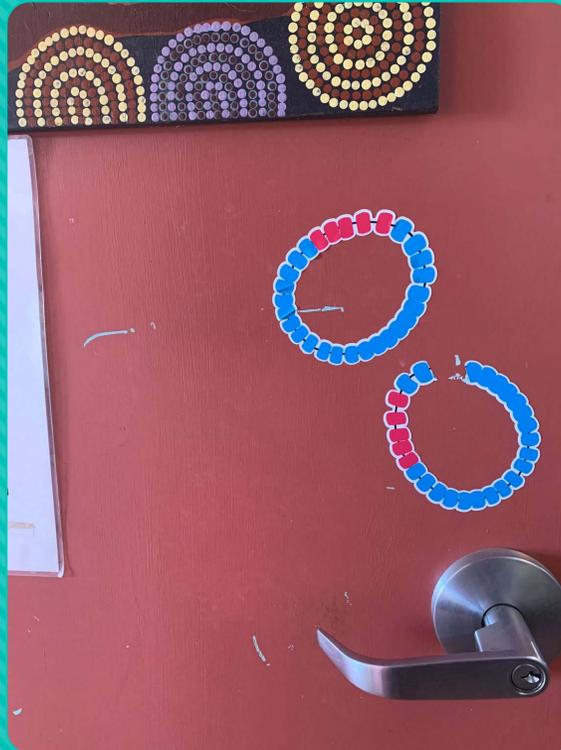
The program takes a multipronged approach that includes: advocacy, access and education.

We are funded by Prime Minister and Cabinet. NPYWC is also funded to provide MHM across their region. We support the work and share resources and information.

Locations

- 44 access kits distributed to 25 different locations in the region.
- 11 Town Camp and Alice Springs based locations.
- 14 Communities: Ampilatwatja, Areyonga, Amoonguna, Arlparra, Ikuntji, Lajamanu, Kintore, Mutijtulu, Ntaria, Nyirripi, Papunya, Santa Theresa, Willowra, Yuendumu.





MHM Resources and initiatives

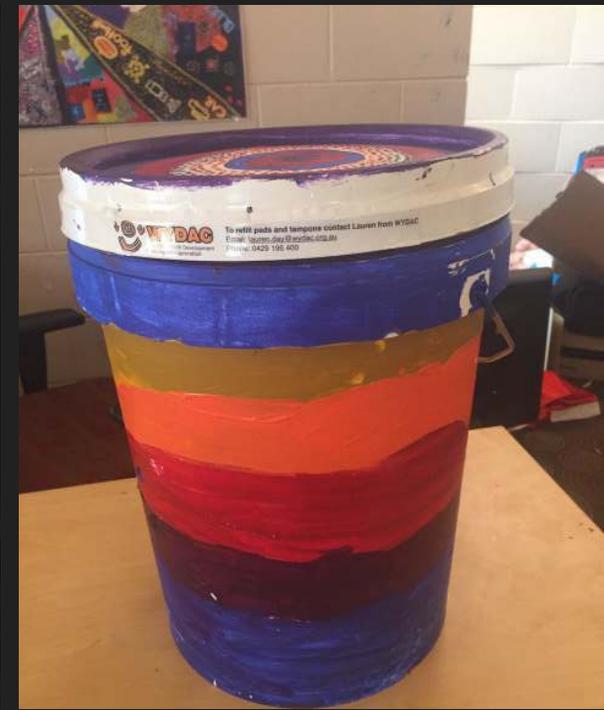
Number of products distributed

- 3385 pairs of underwear
- 21 130 Sanitary Pads
- 15310 Tampons
- 80 pairs of Reusable period underwear



WYDAC Partnership

- WYDAC delivers personal health workshops in Nyirripi, Yuendumu and Willowra.
- Ensure access points are accessible and stocked with resources.
- Work with community members to develop regional specific initiatives and resources to address MHM needs.



Thank you

For more information please visit our website:

www.caylus.org.au

Or email:

mhm@caylus.org.au

With enquiries or to be added to our update list.